# Overfitting and regularisation 

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## Overfitting example

Suppose we want to fit a simple regression model (scalar input) using basis functions to a training set with $N=10$ items.

Our goal:

$$
\mathrm{y} \approx \Phi \mathrm{w}
$$

If we use two basis functions, the shapes will be:

$$
\mathrm{y} \approx \Phi \mathrm{w}
$$

If instead we use ten basis functions, the shapes will be:

$$
\mathrm{y} \approx \Phi \mathrm{w}
$$

But this is solvable exactly! We have ten equations with ten unknowns (the ten weights). So we can solve this exactly:

$$
\mathbf{w}=\boldsymbol{\Phi}^{-1} \mathbf{y}
$$

## Questions

- What would the value of the loss $J$ be?
- Would this be a good fit? Would this model make good future predictions?

Let us look at a few examples to develop an intuition for what happens when the "complexity" of our model is similar to the number of data points on which we train (or higher).

## Polynomial regression examples

## Quadratic data

Polynomial order: 2



## With less training items





## Radial basis function examples

Basis functions:


RBF with $c=[1900,1950,2000]$ and $h=20$ :


Basis functions:


RBF with $c=[1900,1910, \ldots, 2000]$ and $h=10$ :


Basis functions:


RBF with $c=[1900,1901, \ldots, 2000]$ and $h=1$ :


## Regularisation

We might want to fit higher-order models, but want a handle to control their "complexity" in some way.

Idea:

$$
\hat{\mathbf{w}}=\underset{\mathbf{w}}{\arg \min }\{J(\mathbf{w})+\operatorname{penalty}(\mathbf{w})\}
$$

Penalty functions that constrain $\mathbf{w}$ to be small are sometimes called shrinkage methods.

We consider two regularisation approaches:

- Ridge $\left(L_{2}\right)$ regularisation
- Lasso $\left(L_{1}\right)$ regularisation


## Ridge ( $L_{2}$ ) regularisation

$$
J_{\lambda}(\mathbf{w})=\sum_{n=1}^{N}\left(y^{(n)}-f\left(\mathbf{x}^{(n)} ; \mathbf{w}\right)\right)^{2}+
$$

We normally don't regularise $w_{0}$. Why not?
An easy hack if you don't want to deal with $w_{0}$ is to zero-mean your data beforehand, i.e. the columns of $\mathbf{X}$ (or $\Phi$ ) are normalised to have a mean of $\mathbf{0}$ and the target vector $\mathbf{y}$ are normalised to have a mean of 0 .

We can then write the regulariser in vector form (good for vectorised implementations):

$$
J_{\lambda}(\mathbf{w})=\sum_{n=1}^{N}\left(y^{(n)}-f\left(\mathbf{x}^{(n)} ; \mathbf{w}\right)\right)^{2}+\lambda \mathbf{w}^{\top} \mathbf{w}
$$

$$
=
$$

We can find a closed-form solution exactly as we did before:

$$
\hat{\mathbf{w}}=\left(\mathbf{X}^{\top} \mathbf{X}+\lambda \mathbf{I}\right)^{-1} \mathbf{X}^{\top} \mathbf{y}
$$

## Lasso ( $L_{1}$ ) regularisation

$$
J_{\lambda}=\sum_{n=1}^{N}\left(y^{(n)}-f\left(\mathbf{x}^{(n)} ; \mathbf{w}\right)\right)^{2}+
$$

This loss function is still convex (unique minimum) but not "smooth" (differentiable in all places) so we can't find a closed-form solution.

But other methods can be used to optimise it (e.g. gradient descent).
$L_{1}$ regularisation has the effect of pushing weights to absolute 0 . This can be useful for interpreting data or a model (but be careful!).

Why does $L_{1}$ push weights to zero but not $L_{2}$ regularisation? Just intuitively from the loss functions:



ISLR 6.2 gives a more formal explanation (non-examinable).

## Regularisation examples

RBF with $c=[1900,1901, \ldots, 2000]$ and $h=1$ :



Lasso and ridge regression on diabetes data: ${ }^{1}$


[^0]
## Videos covered in this note

- Linear regression 4: Overfitting ( 10 min )
- Linear regression 5: Regularisation (15 min)


## Reading

- ISLR 6.2
- ISLR 6.2.1
- ISLR 6.2.2


[^0]:    ${ }^{1}$ Example from scikit-learn.

