Overfitting and regularisation

Herman Kamper

2024-01, CC BY-SA 4.0

Overfitting example

Suppose we want to fit a simple regression model (scalar input) using basis functions to a training set with ${\cal N}=10$ items.

Our goal:

 $\mathbf{y}\approx \Phi \mathbf{w}$

If we use two basis functions, the shapes will be:

 $\mathbf{y} \approx \mathbf{\Phi} \mathbf{w}$

If instead we use ten basis functions, the shapes will be:

 $\mathbf{y}\approx \Phi\mathbf{w}$

But this is solvable exactly! We have ten equations with ten unknowns (the ten weights). So we can solve this exactly:

$$\mathbf{w} = \mathbf{\Phi}^{-1} \mathbf{y}$$

Questions

- What would the value of the loss J be?
- Would this be a good fit? Would this model make good future predictions?

Let us look at a few examples to develop an intuition for what happens when the "complexity" of our model is similar to the number of data points on which we train (or higher).

Polynomial regression examples

Quadratic data



With less training items







Radial basis function examples

Basis functions:



RBF with c = [1900, 1950, 2000] and h = 20:



Basis functions:



RBF with $c = [1900, 1910, \dots, 2000]$ and h = 10:



$$\sum_{k=1}^{K} w_k^2 = 2.74$$

Basis functions:



RBF with $c = [1900, 1901, \dots, 2000]$ and h = 1:



Regularisation

We might want to fit higher-order models, but want a handle to control their "complexity" in some way.

Idea:

$$\hat{\mathbf{w}} = \operatorname*{arg\,min}_{\mathbf{w}} \left\{ J(\mathbf{w}) + \operatorname{penalty}(\mathbf{w}) \right\}$$

Penalty functions that constrain ${\bf w}$ to be small are sometimes called ${\it shrinkage}$ methods.

We consider two regularisation approaches:

- Ridge (L₂) regularisation
- Lasso (L₁) regularisation

Ridge (L_2) regularisation

$$J_{\lambda}(\mathbf{w}) = \sum_{n=1}^{N} \left(y^{(n)} - f(\mathbf{x}^{(n)}; \mathbf{w}) \right)^2 +$$

We normally don't regularise w_0 . Why not?

An easy hack if you don't want to deal with w_0 is to zero-mean your data beforehand, i.e. the columns of X (or Φ) are normalised to have a mean of 0 and the target vector y are normalised to have a mean of 0.

We can then write the regulariser in vector form (good for vectorised implementations):

$$J_{\lambda}(\mathbf{w}) = \sum_{n=1}^{N} \left(y^{(n)} - f(\mathbf{x}^{(n)}; \mathbf{w}) \right)^2 + \lambda \mathbf{w}^{\mathsf{T}} \mathbf{w}$$

We can find a closed-form solution exactly as we did before:

$$\hat{\mathbf{w}} = \left(\mathbf{X}^{ op}\mathbf{X} + \lambda \mathbf{I}
ight)^{-1}\mathbf{X}^{ op}\mathbf{y}$$

Lasso (L_1) regularisation

$$J_{\lambda} = \sum_{n=1}^{N} \left(y^{(n)} - f(\mathbf{x}^{(n)}; \mathbf{w}) \right)^2 +$$

This loss function is still convex (unique minimum) but not "smooth" (differentiable in all places) so we can't find a closed-form solution.

But other methods can be used to optimise it (e.g. gradient descent).

 L_1 regularisation has the effect of pushing weights to absolute 0. This can be useful for interpreting data or a model (but be careful!).

Why does L_1 push weights to zero but not L_2 regularisation? Just intuitively from the loss functions:



ISLR 6.2 gives a more formal explanation (non-examinable).

Regularisation examples

RBF with $c = [1900, 1901, \dots, 2000]$ and h = 1:





Lasso and ridge regression on diabetes data:¹

¹Example from scikit-learn.

Videos covered in this note

- Linear regression 4: Overfitting (10 min)
- Linear regression 5: Regularisation (15 min)

Reading

- ISLR 6.2
- ISLR 6.2.1
- ISLR 6.2.2